

### Frozen Whole Tart Cherry: Recipe Ideation

**Recipe Name:** Cherries on a Cloud

**Ingredients:** Frozen Tart Cherries, Vanilla Greek Yogurt

**Innovation:** Serve at breakfast, lunch, snack, dinner or a tray treat



per serving:

**Ingredients:**

½ cup greek yogurt

½ c IQF cherries

1 oz cereal of your choice

**Instructions:**

1. Mix well and portion with 1c scoop. Flatten and freeze on a parchment-lined sheet pan. Break into shards and serve frozen.
2. 1oz GB & MMA, 1/2c fruit, bundled for a complete breakfast meal. OVS with more fruit, vegetables, and milk.